



## Automated External Defibrillators

Duration: ½ Day Course

Cost: price on enquiry

This ½ day course is designed to allow first aiders to extend the chain of survival beyond the traditional A, B, C for Airway, Breathing and Circulation. Now we have D for defibrillation.

An AED provides a brief electric shock to the heart to restore the hearts normal rhythm disrupted during a sudden Cardiac Arrest.

In reality most victims of sudden cardiac arrest are going to die. Defibrillation is the only effective treatment and needs to be provided in the first few minutes to be effective. Clinical studies have shown that victims of sudden cardiac arrest who are defibrillated immediately have over a 90% chance of survival.

It is not acceptable to wait for an ambulance to arrive, by then it may be too late. For each minute that passes a victim's chance of survival drops between 7-10%.

The course content will include:

- Heart Conditions
- Resuscitation and CPR
- Recovery position
- Resuscitation guidelines
- Safe use of an AED
- Operating an AED

On successful completion of the course students will receive a certificate of competence, which complies with current resuscitation guidelines.